



## Welcome to St Shenouda Monastery Sydney Australia

**For your own benefit and enjoyment during your stay in the  
monastery we would like you to observe this timetable.**

### **VISITOR TIMETABLE.**

**9.00am – 12.00pm Holy Liturgy at Church. (Every Day)**

**12.00pm – 1.00pm Lunch at the Dining Room.**

**1.00pm – 2.00pm Spiritual Talk with Sayedna or one of the Fathers at Church.**

**2.00pm – 5.00pm Free Time/ Personal Meditation/ Bookshop.**

**5.00pm – 6.30pm Sunset Prayers and/or Vespers at Church (Saturdays only)**

**6.30pm – 7.00pm Departure in Peace**

**Note: Mid-night praises are prayed every morning at 4.00am.**

**Please make sure to Attend all the Prayers and Benefit Spiritually.**

**Enjoy Your Day  
& God Bless You  
All**